



53rd CONVENTION

a new way
FORWARD

IMPORTANT CONVENTION INFO INSIDE!

Sunday, October 26th – Tuesday, October 28th, 2025

Westin Nova Scotian Hotel

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NOVA SCOTIA FEDERATION OF LABOUR – CONVENTION CALL

The fifty-third Convention of the Nova Scotia Federation of Labour, C.L.C will be held at the Westin Nova Scotian Hotel, Commonwealth Ballroom.

Registration will be held on Sunday, October 26th from 12:00 pm - 1:00 pm in the Coat Check Room, outside the Commonwealth Ballroom.

There will be an afternoon session on the 26th from 2:00 pm – 5:00 pm.

An election forum will be held at 7:00 pm on Sunday, October 26th, 2025.

Anyone wishing to run for the position of President, First Vice-President, Secretary-Treasurer, or a Vice-President at Large (3), may participate in the election forum. Candidates will have up to 5 minutes to introduce themselves, and any delegate may ask questions related to the election.

Please note that participation in this forum is optional, and not required to run for office.

If you plan to participate in the forum as a potential candidate, please direct any questions to Danielle Sampson, Chief Electoral Officer at dsampson@clctc.ca.

Registration will also be held on Monday, October 27th from 8:00 am – 8:45 am at the Coat Check Room.

The convention will resume at 9:00 am on Monday until 4:00 pm. There will be a reception at 6:00 pm, banquet at 7:00 pm, and social evening at 9:00 pm.

We reconvene on Tuesday, October 28th at 9:00 am for elections, and will adjourn at approximately 12:00 pm.

REGISTRATION & CREDENTIALS

An early bird registration fee of \$200.00 per delegate must accompany each Credential submitted prior to September 26th. For all delegates who register after this date, the fee will be \$250.00.

PLEASE NOTE: affiliate per capita fees must be paid up and in good standing to attend.

The deadline for all delegate registrations is Friday, October 10th.

NO CREDENTIAL WILL BE ACCEPTED LATER THAN FIFTEEN (15) DAYS PRIOR TO THE OPENING DATE OF CONVENTION – FRIDAY, OCTOBER 10, 2025. REMEMBER; PLEASE SEND THE CREDENTIAL ALONG WITH THE REGISTRATION FEE TO THE FEDERATION OFFICE.

Full-Time Union Staff can register to be a delegate through a local which is affiliated to the Federation. Any questions on this, please contact Joan Wark at (902) 454-6735 or joan@nslabour.ca

Please note: you do not need to send fees for alternates. Delegate fees may be paid by:

Cheque - Please address your cheque to the Nova Scotia Federation of Labour, and mail to: Nova Scotia Federation of Labour, 3700 Kempt Road, Suite 225, Halifax, NS, B3K 4X8.

Etransfer - Please send to accounts@nslabour.ca. We are set up for automatic deposit, so security questions should not be necessary. In the message/comments section of your etransfer, please indicate your union and local, and how many delegates you are registering. You can also send an email to Amy at the same address, to notify us of your sent etransfer.

DELEGATE ENTITLEMENT

Representation from affiliated Locals, Branches and Lodges will be as follows:

From affiliated Local Unions, Branches and Lodges, two (2) delegates for one hundred (100) or less members and one (1) additional delegate for each additional **two hundred (200) members or major fraction thereof.**

Local Labour Councils shall be entitled to a maximum of three (3) delegates.

The Nova Scotia Federation of Union Retirees shall be entitled to a maximum of three (3) delegates who shall have voice but who will not be eligible to run for office.

OBSERVERS

Observers wishing to attend Convention must submit a registration form and a \$50.00 fee per day. Registration forms and fees can be sent to the NSFL office, and will be accepted until Thursday, October 23, 2025.

PER CAPITA FEES

Per capita fees for locals must be paid up in order for delegates to attend the convention.

If you are unsure if your local is in good standing, please contact Amy Morris at our office: (902) 454-6735 or email: accounts@nslabour.ca

RESOLUTIONS

Resolutions may not deal with more than one subject, must refer to the action which is proposed, and may be NO MORE THAN 150 words.

We encourage you to submit resolutions in clear language, an example of which is provided below. Please email resolutions to joan@nslabour.ca.

Resolutions to be considered by Convention **MUST be submitted by September 26, 2025**. How you present the information in your resolution will help the delegates at the convention understand what you want the Nova Scotia Federation of Labour to do and why you want it done.

How to write your resolution - When you write using a clear language process, the most important information comes first. For resolutions, that means the action comes first. The delegates will know right away what action you want. The reasons for the action (or your argument for the action) are explained in part 2 of the resolution.

Part 1: the action (what) - Tell the Nova Scotia Federation of Labour what action you want them to take. If there is more than one action, use a numbered list.

Part 2: the reasons (why) - This is where you present your argument for the action. If you have more than one reason, use a list. If you have used a list in part 1, continue the numbering from that list. Speakers on the resolution will be able to refer to the number without having to provide any other information.

Below is a good example:

The Nova Scotia Federation of Labour will encourage unions to submit resolutions to convention in a clear language format.

- 1) Because the actions proposed will be better understood by convention delegates.
- 2) Because clear language is a valuable way to help union members feel included by the labour movement.
- 3) Because the clear language format makes sense: we start with what we want, then we back it up with our reasons.

EMERGENCY RESOLUTIONS & CONSTITUTIONAL AMENDMENTS

What is an emergency resolution?

Typically, a resolution submitted beyond the convention resolution deadline must meet one or both of the following criteria to be deemed an “emergency resolution”.

- It must address circumstances arising since the resolution deadline; and/or
- It must pertain to matters that could not have been anticipated before that deadline.

Emergency Resolution Eligibility according to NSFL Constitution

12. Resolutions, Petitions and Appeals

a) All resolutions, petitions, and appeals other than those provided in Section 10 to be considered by any event or convention of the Federation must be received by the Secretary-Treasurer thirty (30) calendar days immediately preceding the opening of Convention.

b) To be accepted, resolutions must be submitted by the Executive Council or by an organization affiliated to the Federation and signed by the presiding Officer and Secretary of the body submitting it.

Emergency Resolution Process

As with all regular resolutions, emergency resolutions must:

- Be signed by the presiding officer of the organization.
- Include the name of the submitting organization.
- Be submitted on a separate sheet, deal with only one subject, and be no longer than 150 words.

If you want to submit a Constitutional amendment, the format must:

- Clearly identify what article is to be amended and include the text of the Article as it reads in the current Constitution.
- Indicate whether the amendment is to: add, delete, or make changes.
- Emphasize the change to the Article, paragraph or subparagraph.

HOTEL

Rooms have been blocked for October 26 & 27 under the “Nova Scotia Federation of Labour”. The Westin has also added in some pre and post-nights, in case guests would like to extend their stay.

To guarantee your reservation at our confirmed rate of \$229.00 - \$239.00 plus taxes, make your booking before the block sells out, or by Monday, September 22nd, when our block will be released.

Please communicate directly with the hotel to make your own reservations, indicating that you are with the NSFL:

Westin Nova Scotian Hotel, 1181 Hollis Street, Halifax, Nova Scotia B3H 2P6

Phone: (902) 421-1000

You can also make your reservation online by a direct link to our room block:

<https://www.marriott.com/event-reservations/reservationlink.mi?id=1749560682036&key=GRP&app=resvlink>

We will also have this link available on our website: www.nslabour.ca



CONVENTION COMMITTEES

One of the most important contributions to an efficient convention is the work carried out by our convention committees. We need delegates for the following committees:

Resolutions, Credentials, Sergeants-at Arms (Ushers), and Officers' & Financial Reports.

You must be a registered delegate to the convention in order to serve on these committees.

Some of the convention committees will be meeting before the convention to be well prepared. If you are interested in being a committee member, send us your name after you confirm you are a delegate through your union's selection process. Make sure your union knows and supports your submission to request to be on a committee. We will try to accommodate all requests.

Deadline for Convention Committee names is: September 26, 2025. Please send your name and the committee on which you'd like to serve to joan@nslabour.ca.

NEW DELEGATES

A session for new delegates will be held on Sunday, October 26th from 1:00 pm – 2:00 pm.

If you are a new delegate to our convention, you are encouraged (but not required) to attend.

WOMEN'S CAUCUS

NSFL Women's Committee will host our Convention Women's Caucus meeting, which will be held on Monday, October 27th at 12:00 pm in the Atlantic Ballroom. Refreshments will be served. All sisters welcome.

TRADE UNIONIST OF THE YEAR

The Nova Scotia Federation of Labour is seeking nominations from affiliates, local unions and labour councils for the Trade Unionist of the Year award for 2025. This award is to acknowledge and celebrate individuals who have made a significant and/or ongoing contribution to the labour movement.

Please submit your nomination in writing explaining why the nominee is eligible based on the criteria below. Please include all of the nominee's contact information. All nominations must be made in writing and received at the Nova Scotia Federation of Labour office by September 26, 2025.

Details

The nominee must be an individual (can be a member or staff of an affiliated union) who has not previously received this award and who:

- Is committed to furthering diversity and inclusion in the workplace and promoting social justice.
- Is a leader in advancing and advocating issues of the labour movement.
- Is passionate about breaking down barriers with and/or legislative reforms, creating actions/activities and efforts on building and mobilization members, organizing campaigns, and has notable leadership and years of service in the movement.

Nomination Process

Please send the name and affiliation of the individual you wish to nominate to the NSFL c/o Joan Wark at: joan@nslabour.ca or mail to address below by September 26, 2025.

Please describe how the nominee's leadership and activism has positively impacted the labour movement and/or community allies.

The selection of an individual for this award is based on exceptional achievement and union/community activism as outlined and any other work that has had a positive impact on the trade union movement.

OTHER INFO

Banquet Tickets

Every delegate is entitled to 1 ticket with their registration fee. Additional tickets for guests or observers can be purchased for \$100.00. These will be available only until Monday, October 20th, so we can give those numbers to the hotel for catering.

Scent-Free Policy

At all of our functions, we ask that delegates please refrain from using perfume or scented body care products. Some of these products can cause severe allergic reactions in those among us who are environmentally sensitive.

Accessibility Requests

The NSFL strives to ensure that persons with disabilities have equal access to our conferences and events. Please submit a request to our office prior to September 1st so that we can ensure that any accommodations you require are provided.

Questions?

If you have any questions or require any further information, please contact Joan (joan@nslabour.ca) or Amy (accounts@nslabour.ca) at our office: (902) 454-6735.

DEADLINE REMINDERS

- Early-bird delegate registration: September 26th, 2025
- Final delegate registration: October 10th, 2025
- Observer registration: October 23rd, 2025
- Resolutions: September 26th, 2025
- Westin hotel rate guarantee: September 22nd, 2025
- Convention Committee names: September 26th, 2025
- Extra banquet tickets: October 20th, 2025
- Trade Unionist of the Year nominations: September 26th, 2025

A vibrant purple background featuring floating musical notes in various colors (red, blue, green, yellow, orange) and several bingo balls. The balls are numbered 1, 5, 7, and 8, and come in different colors like red, orange, purple, black, and green. A large, stylized title 'Musical BINGO' is centered. 'Musical' is in a black cursive font, and 'BINGO' is in large, gold, 3D block letters with a red border and white dots.

Musical

BINGO

*Join us for an evening of fun
with Musical Bingo!*

Monday evening, immediately following our banquet

Great prizes to be won!

55" Samsung UHD TV

11" Apple iPad

Beats Pro Studio Headphones

4K Apple TV

3 x \$100 Grocery Gift Cards